

Dear Residents and Families,

We can't speak for you, but coming from us - we cannot wait for the flowers that will follow this month's showers! There is beauty in the showers as well bringing a sense of a clean slate and ample opportunity for new possibilities to grow.

Speaking of growing, we are proud to say our community leadership teams and Thrive Hive corporate office have been working around the clock to create and implement updated plans focused around our consistently opening local areas. Through the advancements as of late - thanks to our multiple rounds of vaccine clinics hosted by either CVS/Omnicare or Walgreens in each of our communities, we have been able to open our doors and return to many of our favorite activities and events for our residents. Our teams are working to introduce a Vaccine Continuity Plan for each community to continue vaccine clinics for our newest residents and team members, as well as those who may have missed out on prior occasions. These plans may potentially be conducted inside or outside of the community. We hope that taking these steps of planning forward will allow us to proceed with conducting more socialization opportunities as the weather continues to get nicer and the days get longer!

Likely our favorite aspect of reinstatement has been having our friends and family able to visit once again. We are more than thankful to be hosting visitations, and seeing such life and vibrancy in our communities warms our hearts. We do ask for your understanding and patience as it pertains to time and safety measures being taken for all of our residents and team as these interactions take place. Please also know we will keep everyone updated in a timely manner if we should have the need to suspend visits in the event of an outbreak or surge in numbers/positive cases in the community or local area. We still continue to follow all local health department, state, and CDC guidelines to ensure we are always being COVID-responsible. As always, we want to keep you fully informed and are including a link below to the CDC's Interim Public Health Recommendation for Fully Vaccinated People:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>

We would like to point you to another form of communication Thrive produces that highlights our expertise and experiences with different topics within senior living. Each month, we post a blog to our website and social networking platforms focused on various topics and current events and how Thrive is navigating them. You can find all of our articles by visiting [www.thrivesl.com/blog](http://www.thrivesl.com/blog), but we want to specifically mention our most recent since we keep alluding to this beautiful sunshine we've been so thankful to have as of late. This entire blog is centered around vitamin D: what exactly it is, the importance of obtaining it, how to get more of it, and what we at Thrive do to ensure residents are getting enough of it. We felt so strongly about the topic, we even incorporated it into our monthly campaign push for the communities and created an entire process for our Social Network Directors around it. We want to be sure we are



doing everything we can to ensure extra doses of vitamin D as things are becoming more accessible and the outdoors are beginning to be safer for everyone. If you have any questions on this blog or any others, we love to help educate and welcome any inquiries and all feedback. Feel free to email us at [media@thrivesl.com](mailto:media@thrivesl.com).

We hope you all have a wonderful and safe holiday weekend.

Be well,  
Nicole Moberg  
Chief Operating Officer

Elaine D'Antonio  
Director of Clinical and Compliance

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