

Dear Residents and Families,

On Sunday, we enjoyed a wonderful day -- filled with flowers, cards and gifts -- celebrating with all of the women in our community. Families and loved ones enjoyed spending time together using Clear Connection panels, window visits, and lots of video calls! Our hearts were full to see everyone coming together to find ways to make this day special for our mothers.

As spring continues to bloom, so does the creativity and excitement within our communities. Small group workouts are happening, flowers are being planted, and socially distanced activities continue on. As we adapt to this new way of life, we are seeking innovative ways to challenge ourselves to connect like never before. One of those ways, in the spirit of our Clear Connection panels, is to bring you into the action. Although we wish we could physically squeeze our loved ones tightly right now, we know there are other ways to show how much we care. So, in conjunction with celebrating Older Americans Month in May, we now have a Virtual Hug submission page on our website where you can send a message of love, inspiration, appreciation -- or any creative way to get a loved one or a community member to crack a smile. Our hope is that, even from a distance, your hugs and your love will be felt. Let's flood the community with positivity and much-appreciated embraces! Please visit: <https://thrivesl.com/Virtual-Hug/> to send a message.

Please know all communities continue to follow processes and protocols from the Centers for Disease Control and Prevention (CDC), as well as recommendations from our local health departments to keep our residents and team members safe and healthy. We are still conducting advanced training calls with key members of each and every team to ensure that we remain aligned on protocols and best practices throughout this time. We want to be sure everyone who chooses to Thrive with us is living their best life imaginable -- even in light of the current climate.

We hope you all have been able to tune in and enjoy the videos created by Thrive Founder Jeramy Ragsdale and President Les Strech. We will continue to share updates through them weekly, the latest edition is now available at ThriveSL.com/YOURCOMMUNITYNAME/Family.

From all of us at Thrive, we thank you for your continued support and trust.

Be well,
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